



Instrumental Speech Language Pathology

FREE APHASIA RESOURCE REPORT

So you've had a stroke or brain injury, and gotten a diagnosis of aphasia- now what?

It can be a little daunting to try and figure everything out for the first time. That's what this report is for- to take one more thing off your plate and point you in the right direction to start your recovery.

So on the following pages I'll share what aphasia is, what diagnoses are sometimes left out, and what some resources are to help you with your rehabilitation.

We wish you the best on your recovery journey!

Sincerely,
Instrumental SLP



Instrumental Speech Language Pathology

www.islppro.com

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What is Aphasia?

Aphasia is not a single disorder, but instead a family of disorders that involve varying degrees of impairment in four primary areas: spoken language expression, spoken language comprehension, written expression, and reading comprehension

-American Speech and Hearing Association

asha.org

Aphasia is always due to injury to the brain-most commonly from a stroke, particularly in older individuals. But brain injuries resulting in aphasia may also arise from head trauma, from brain tumors, or from infections.

Aphasia can be so severe as to make communication with the patient almost impossible, or it can be very mild. It may affect mainly a single aspect of language use, such as the ability to retrieve the names of objects, or the ability to put words together into sentences, or the ability to read. More commonly, however, multiple aspects of communication are impaired

-National Aphasia Association

aphasia.org

Aphasia commonly co-occurs with other disorders, like acquired apraxia of speech and cognitive deficits

A few types of aphasia are outlined on the other side of this
handout



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Types of Aphasia

GLOBAL APHASIA

The person can produce few recognizable words and understand little or no spoken language. Persons with Global Aphasia can neither read nor write. Global aphasia may often be seen immediately after the patient has suffered a stroke and it may rapidly improve if the damage has not been too extensive. However, with greater brain damage, severe and lasting disability may result.

BROCA'S APHASIA

Speech output is severely reduced and is limited mainly to short utterances of less than four words. Vocabulary access is limited and the formation of sounds by persons with Broca's aphasia is often laborious and clumsy. The person may understand speech relatively well and be able to read, but be limited in writing. Broca's aphasia is often referred to as a 'non fluent aphasia' because of the halting and effortful quality of speech.

WERNICKE'S APHASIA

In this form of aphasia the ability to grasp the meaning of spoken words is chiefly impaired, while the ease of producing connected speech is not much affected, so it is referred to as a 'fluent aphasia.' Sentences do not hang together and irrelevant words intrude-sometimes to the point of jargon. Reading and writing are often severely impaired.

RESOURCES FOR PEOPLE WITH APHASIA

National Aphasia Association- aphasia.org

-Speech therapy finder, Free resources

Lingraphica- aphasia.com

- Speech therapy exercises and communication devices

Tactus Therapy Apps- tactustherapy.com

-Speech therapy apps and

Intensive Comprehensive Aphasia Program finder



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A P P S

Tactus Therapy
Constant Therapy
Lingraphica- Talkpath Therapy
Word Vault (free and paid versions)

W E B S I T E S

freeaphasiatherapyonline.com
therapy.aphasia.com/
tactustherapy.com
https://www.aphasia.ca/communityhub/
https://www.aphasiaaccess.org/

S O C I A L M E D I A

Aphasia Recovery Connection (ARC) Facebook group
Aphasia Center of California
Aphasia Communication Group
Virtual Connections for Aphasia



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